



Take a few moments to unpack and envision this idea for yourself:

*When I can't change the world, I can sit in the gaze of God's love. From there I can rise to take my best, most faithful, hopeful and loving stand in our broken world.*

What does it feel like to sit in the gaze of God's love?

What do you think your best, most faithful stand in our broken world could look like?



# Psalm 46

The image features a tranquil seascape at dusk or dawn. The sky is a gradient of soft colors, from pale pinks and oranges near the horizon to deeper purples and blues at the top. The ocean below is calm, with gentle ripples reflecting the light from the sky. The text 'Psalm 46' is prominently displayed in the center in a clean, white, sans-serif font.

**But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.**

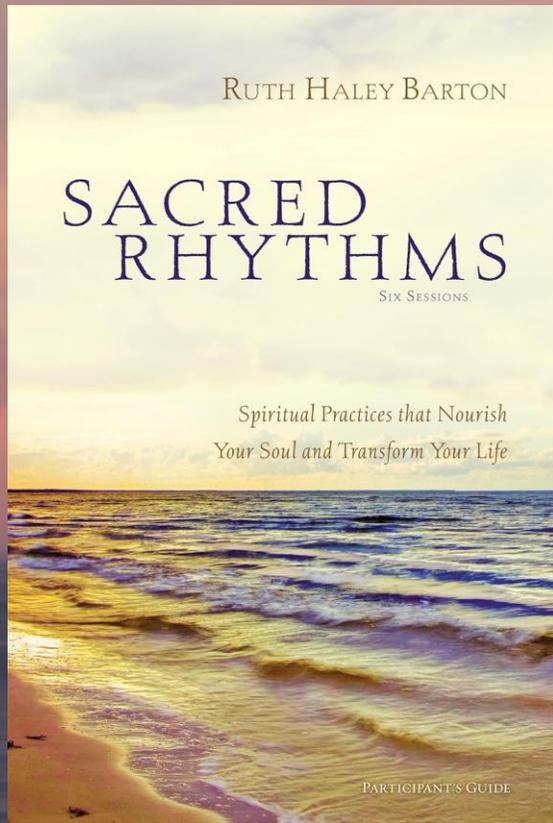
**Matthew 6:33-34**

Lingering

with God

# LINGERING

- to remain or stay on in a place longer than is usual or expected, as if from reluctance to leave, (to tarry)
- to dwell in contemplation, thought, or enjoyment



In the end, the most helpful thing any of us can say about spiritual transformation: *I cannot transform myself*, or anyone else for that matter. What I can do is create the conditions in which spiritual transformation can take place, by developing and maintaining a rhythm of spiritual practices that keep me open and available to God.

# Lessons in Lingerin*g*

The image features a serene sunset over a vast, calm ocean. The sky is a gradient of soft colors, from pale yellow near the horizon to a light purple at the top. The water below is a deep, dark blue, reflecting the colors of the sky. The title 'Lessons in Lingerin*g*' is written in a white, elegant cursive font, positioned in the upper left quadrant of the image. The overall mood is peaceful and contemplative.

**In the beginning God created...**

**And there was evening, and there was morning  
—the first day.**

**And God said...And there was evening, and there was  
morning—the second day.**

**And God said... And God saw that it was good...the  
third day. And God said...the fourth day. And God  
said...the fifth day.**

**And God said...God saw all that he had made, and it  
was very good. And there was evening, and there was  
morning—the sixth day.**

**Genesis 1:1-24**

**Thus the heavens and the earth were completed in all their vast array.**

**By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.**

**Genesis 2:1-3**

**“Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God...For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy. “**

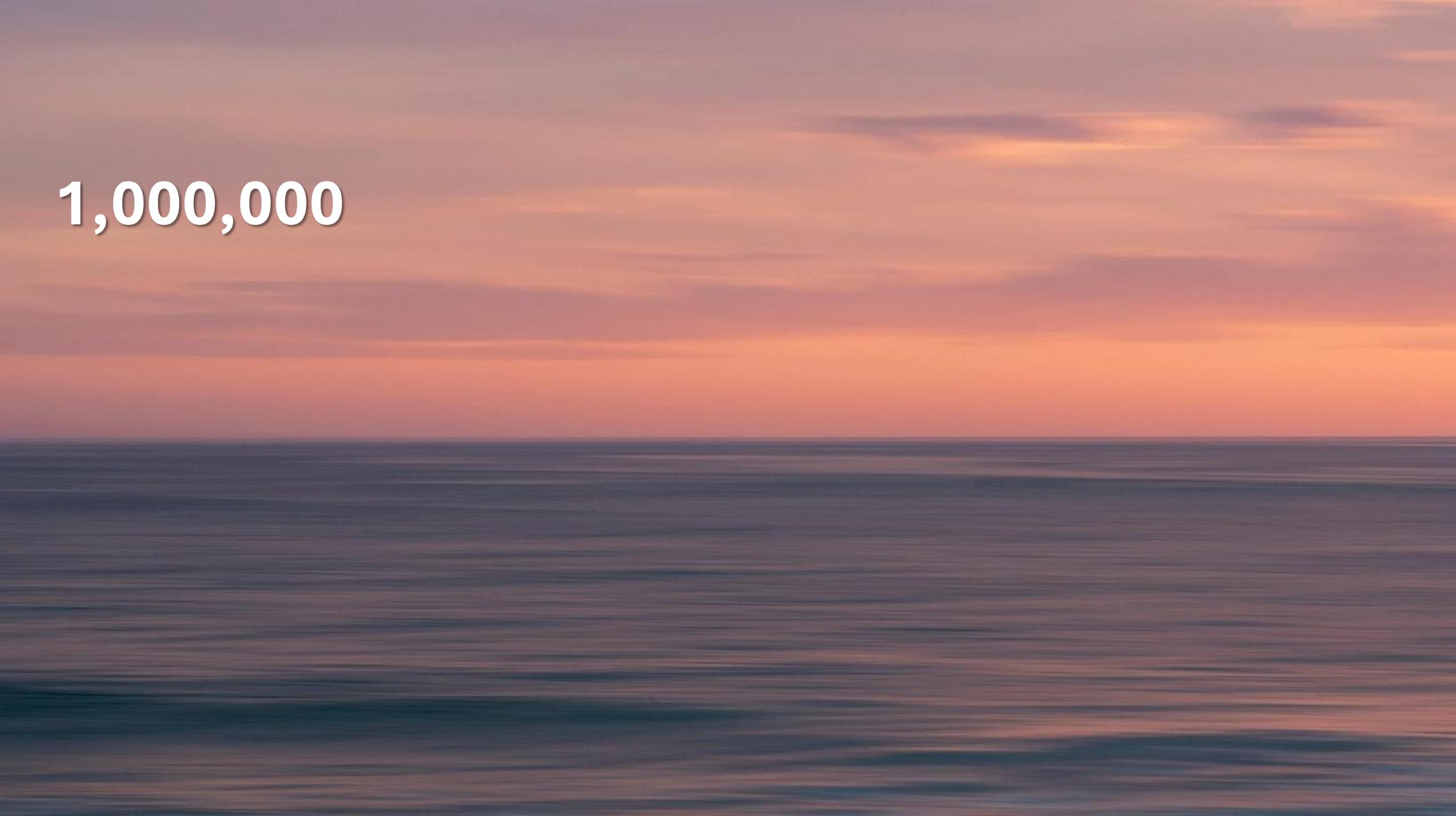
**Exodus 20:8-11**

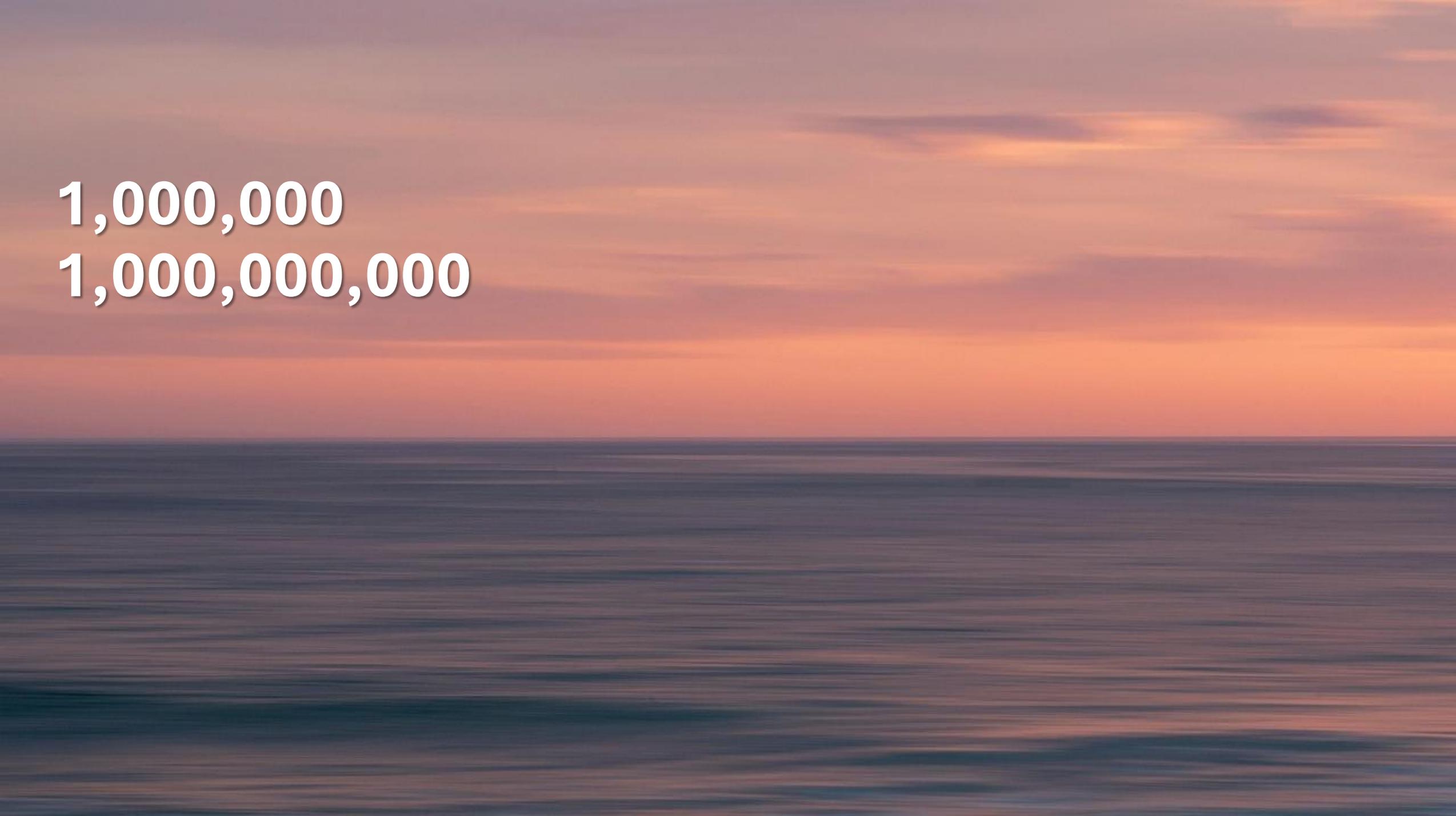
**He also made the stars.**

**Genesis 1:16b**



**1,000,000**

A wide-angle photograph of a sunset over the ocean. The sky is filled with soft, horizontal bands of color, ranging from pale pink and purple at the top to a vibrant orange and red near the horizon. The ocean below is a deep, calm blue, with gentle ripples on its surface. In the upper left corner, the number "1,000,000" is displayed in a large, bold, white sans-serif font with a subtle drop shadow.

A sunset over the ocean with two large numbers overlaid on the sky. The sky is a mix of orange, pink, and purple, with some clouds. The ocean is a deep blue with some white-capped waves in the foreground.

**1,000,000**

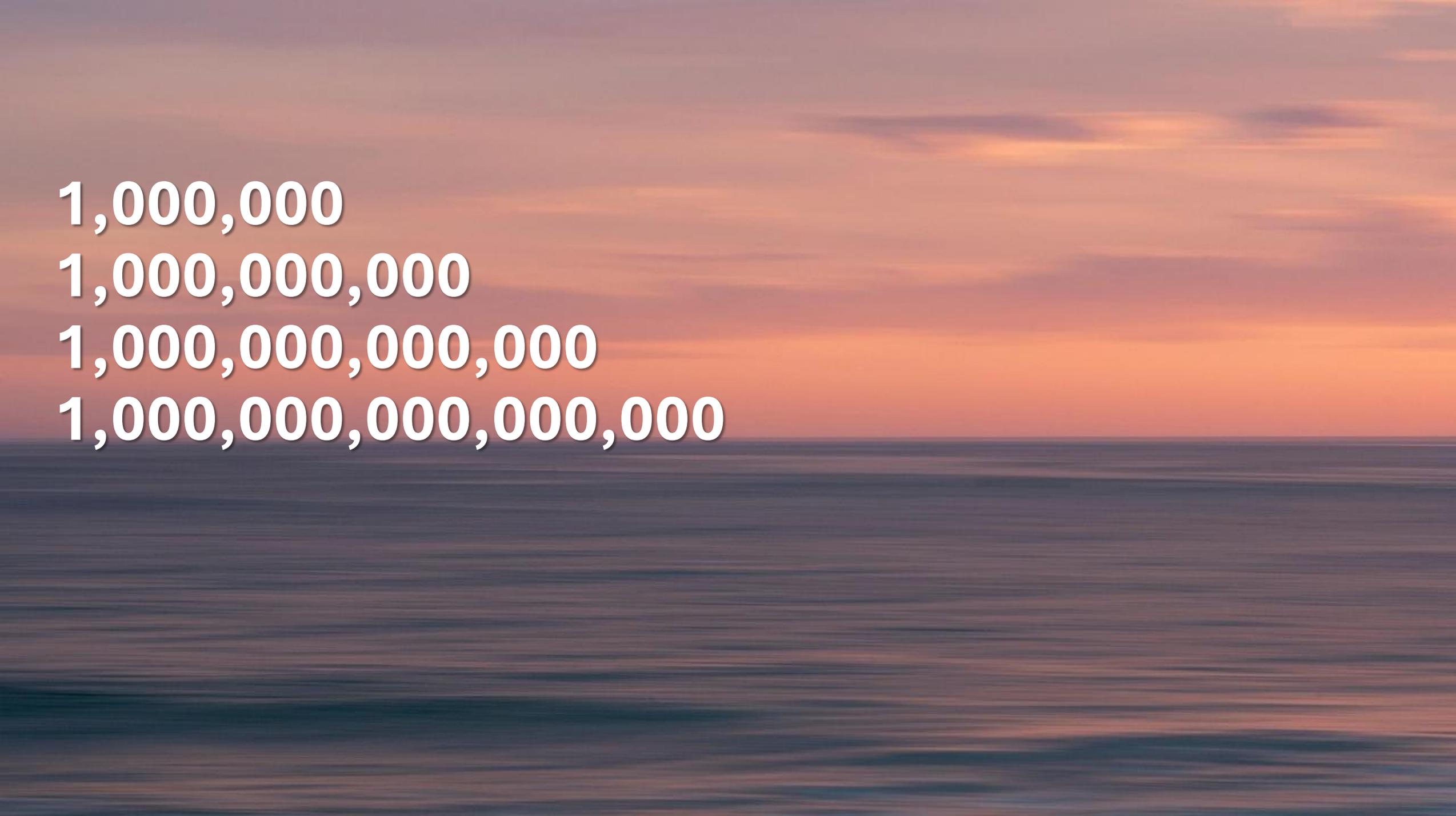
**1,000,000,000**

A sunset over the ocean with three large numbers overlaid on the left side. The sky is a mix of orange, pink, and purple, and the water is a deep blue. The numbers are white with a slight shadow.

**1,000,000**

**1,000,000,000**

**1,000,000,000,000**



**1,000,000**

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**1,000,000,000,000,000,000,000,000**

**In the beginning God created...And there was evening, and there was morning—the first day.**

**And God said...And there was evening, and there was morning—the second day.**

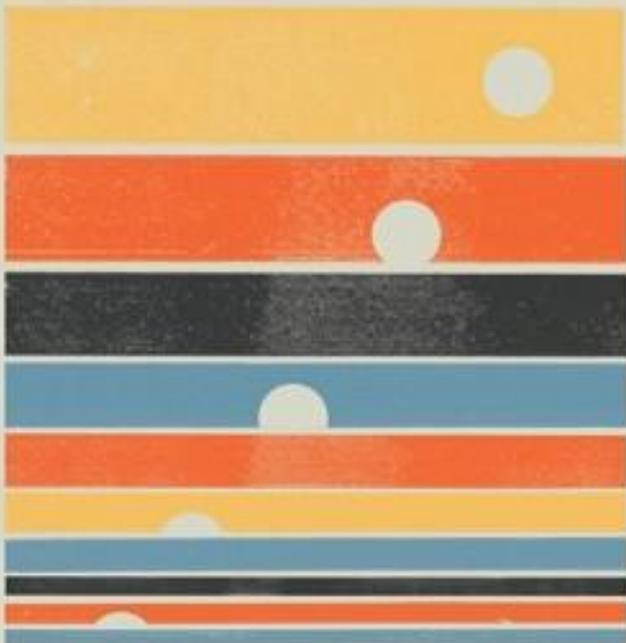
**And God said... And God saw that it was good...the third day. And God said...the fourth day. And God said...the fifth day.**

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**Genesis 1:1-24**

# **SLOW THEOLOGY**

Eight Practices for Resilient Faith  
in a Turbulent World



**A. J. SWOBODA / NIJAY K. GUPTA**

Foreword by GLENN PACKIAM

God stops, observes, and delights in all that he has just made...Apparently, true power and true wisdom does not mean acting rashly or hastily. God, in his wisdom and power, takes his sweet little time.

In the beginning God created...And God saw that it was good...God saw that it was good...the third day...And God saw that it was good...the fourth day... And God saw that it was good. God blessed them...the fifth day...And God saw that it was good. Then God said, “Let us make mankind in our image”... God blessed them...God saw all that he had made, and it was very good. And there was evening, and there was morning—the sixth day.

Genesis 1:1-24

# Lessons in Lingerin*g*

1. **Allows time to delight in God**

**Be careful to follow every command I am giving you today, so that you may live and increase and may enter and possess the land the Lord promised on oath to your ancestors. Remember how the Lord your God led you all the way in the wilderness these forty years, to humble and test you in order to know what was in your heart, whether or not you would keep his commands. He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your ancestors had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the Lord.**

**Deuteronomy 8:1-4**

# Lessons in Lingerin*g*

1. Allows time to delight in God
2. Helps is put things in perspective

**The day after the Passover, that very day, they ate some of the produce of the land: unleavened bread and roasted grain. The manna stopped the day after they ate this food from the land; there was no longer any manna for the Israelites, but that year they ate the produce of Canaan.**

**Joshua 5:11-12**

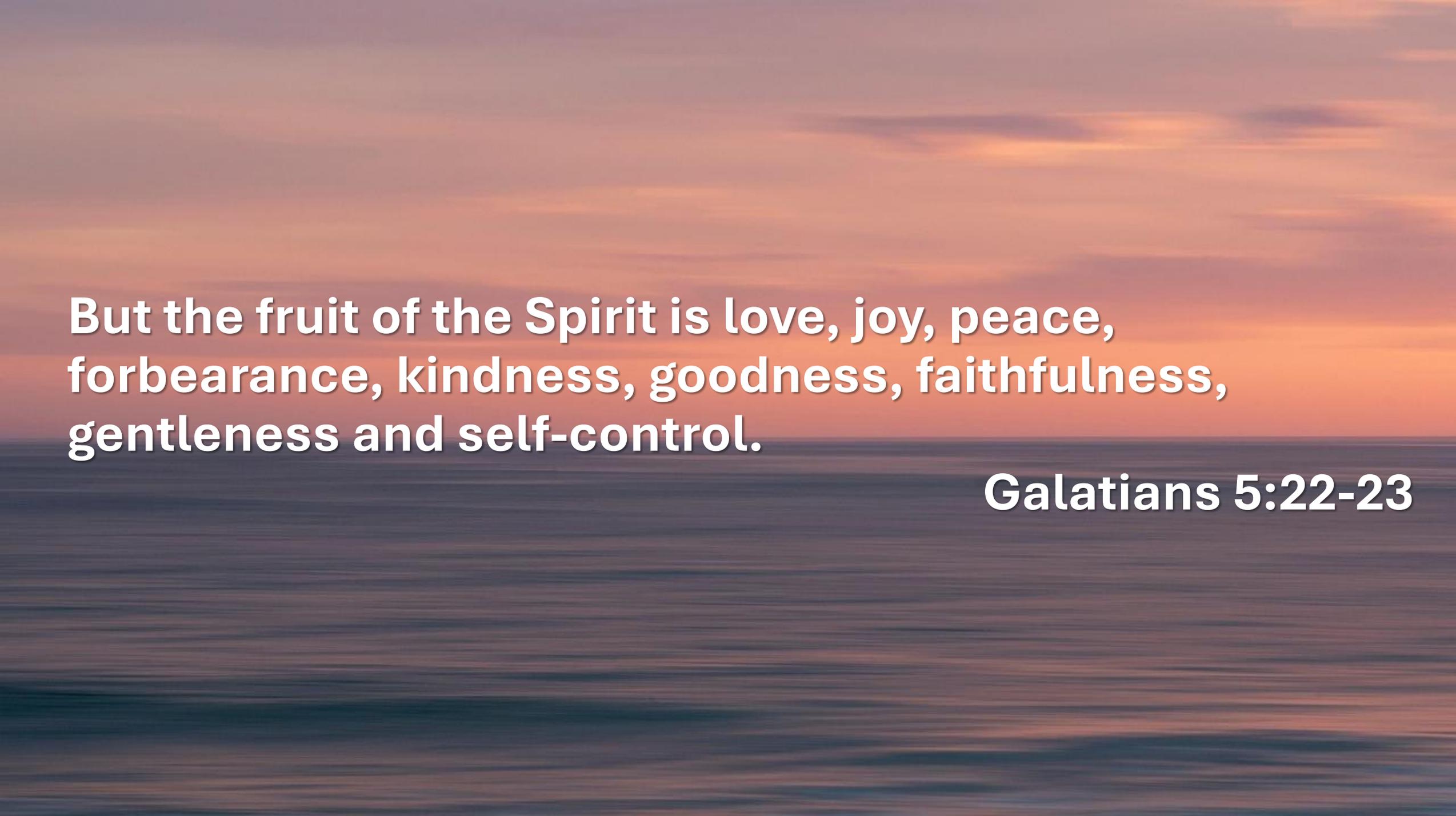
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**Deuteronomy 8:1-4**

# Lessons in Lingerin*g*

1. Allows time to delight in God
2. Helps is put things in perspective
3. Transforms our lives

**We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might so that you may have great endurance and patience, and giving joyful thanks to the Father, who has qualified you to share in the inheritance of his holy people in the kingdom of light. For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins. Colossians 1:9-14**



**But the fruit of the Spirit is love, joy, peace,  
forbearance, kindness, goodness, faithfulness,  
gentleness and self-control.**

**Galatians 5:22-23**

**God is our refuge and strength,  
an ever-present help in trouble.  
Therefore we will not fear, though the earth give way...  
The Lord Almighty is with us...  
He says, “Be still, and know that I am God;  
I will be exalted among the nations,  
I will be exalted in the earth.”**

**Psalm 46**

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